CREATING A HUNGER-FREE AZ CONFERENCE

VIRTUAL ON ZOOM
WEDNESDAY, APRIL 21 & THURSDAY, APRIL 22ND 2021
<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8:30 AM – 9:00 AM</td>
<td><strong>WELCOME AND COVID-19 REVIEW</strong>&lt;br&gt;Welcoming address by Angie Rodgers, AzFBN CEO&lt;br&gt;Opening remarks by DES Director, Michael Wisehart and DEMA Director, Allen Clark</td>
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<td>9:00 AM - 10:00 AM</td>
<td><strong>KEYNOTE ADDRESS</strong>&lt;br&gt;by Bernard Boudreaux, Director of New Strategies for Nonprofit Leaders at Georgetown University</td>
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<td>10:00 AM – 10:15 AM</td>
<td><strong>BREAK</strong></td>
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<td>10:15 AM – 11:15 AM</td>
<td><strong>BREAKOUT SESSIONS</strong>&lt;br&gt;What Role Does Anti-Hunger Policy Play&lt;br&gt;Food Bank Supply Chain: A Panel Discussion&lt;br&gt;Managing Stress During a Pandemic and Beyond</td>
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<td>11:15 AM – 11:30 AM</td>
<td><strong>BREAK</strong></td>
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<td>11:30 AM – 12.30 PM</td>
<td><strong>BREAKOUT SESSIONS</strong>&lt;br&gt;Improv for Self-Care&lt;br&gt;The Unique Effects of the Pandemic in Tribal Communities&lt;br&gt;Social Media 101</td>
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EVENT AGENDA

DAY 2 - THURSDAY, APRIL 22 2021

9:00 AM - 10:30AM  KEYNOTE ADDRESS
by Frank Kitchen, Entrepreneurial Speaker and Coach

10:30 AM – 10:45 AM  BREAK

10:45 AM – 11:45 AM  BREAKOUT SESSIONS
Volunteer Recruitment and Retention During COVID 19 and Beyond: A Panel Discussion
Where There is Smoke There is Fire: Conflict Escalation
A Paradigm Shift from Emergency to Empowerment

11:45 AM - 12.30 PM  CLOSE OUT
by Frank Kitchen, Keynote Speaker and Angie Rodgers, AzFBN CEO
KEYNOTE SPEAKER, BERNARD BOUDREAUX
Bernard is the Director of the New Strategies for Nonprofit Leaders program at Georgetown University’s McDonough School of Business. In this role, he focuses on direct engagement with corporate and foundation partners, as well as the 1,200+ nonprofit organizations enrolled with New Strategies (over 100 are food banks, gardens, pantries and community kitchens).

FOOD BANK SUPPLY CHAIN: A PANEL DISCUSSION
In this panel discussion we will look into the overall flow of food through the food bank network and how food comes to us. We will dive into the impact COVID-19 had on our supply chain and discuss what we may see in months to come. Panelist: Benito Ontiveros, Director of Operations for United Food Bank, Britt Knapp, Senior Director of Food & Logistics for St. Mary’s Food Bank, Michelle Merkley, Director of Operations and Programs for Yuma Community Food Bank, and Dana Yost, Chief Operating Officer for Community Food Bank of Southern Arizona.

THE UNIQUE EFFECTS OF THE PANDEMIC ON TRIBAL COMMUNITIES BY MARK FORD
Mark Ford is a native of Alamosa, Colorado and is of Chiricahua Apache, Tewa (Pueblo) and Spanish descent. Mark was a Roman Catholic priest for 16 years where he served as a pastor on the Navajo and Hopi Reservations in Arizona. Mark currently lives in Phoenix, Arizona and presently serves as the Director of Community Partnerships and Tribal Relations. Mark cultivates partner relationships with corporations, foundations, non-profit organizations, tribes, and philanthropists to support the work and mission of PWNA.
How can we truly end hunger without addressing poverty and other root causes? How do federal programs and state laws help or hurt food insecure Arizonans? For more than 35 years, the Arizona State Legislature has provided support to Arizona’s food banks. They are once again considering an increase in financial resources for the network during the current legislative session. Join anti-hunger policy champions (from both sides of the aisle!) and food bank leaders to discuss what it would take to make sure all Arizonans can get the healthy food they need.

Pastor Jonathan Smith is an ordained minister of the Seventh-day Adventist Church and a certified trainer and marriage counselor. A native of Chicago and long-time resident of Tucson, he is now the pastor of his home church, Tucson Sharon. Pastor Smith has a bachelor’s degree in theology and a master’s in pastoral studies from Oakwood University, and an MPH from George Washington University. He was also recently accepted into the Health Behavior Health Promotion PhD program at the University of Arizona’s College of Public Health. Pastor Smith serves on the Arizona Attorney General’s African-American Advisory Council and the Community Food Bank of Southern Arizona’s Executive Board. He is a public health advocate, chaplain, husband, father, and voice for the voiceless in his community.

Andrés Cano represents Legislative District 3, which includes Tucson and parts of Pima County, in the Arizona House of Representatives. Raised by a single mom, Andrés, 28, saw a path for advancement in Arizona’s public schools. He is a first-generation college graduate. In 2018, Andrés, a Democrat, was elected to the Arizona House of Representatives and he sits on the House Ways & Means Committee and the House Natural Resources, Energy, and Water Committee.

Robert Ojeda was born and raised in Arequipa, Peru, where he grew up farming at his family’s farm. He joined the Community Food Bank of Southern Arizona (CFBSA) in 2010, where he is currently Chief Program Officer. In his role, Robert oversees CFBSA’s programmatic initiatives including hunger relief, and community health, education, and development. Robert has a master’s degree in International Agriculture and Rural Development and a PhD in Adult and Extension Education from Cornell University.
Nix Schneider (he/him), MSW, is a social worker, educator, author, and the Manager of Education and Training with Crisis Response Network. Nix facilitates internal clinical training for staff and provides mental health and suicide prevention training for professionals and communities. Nix received his Masters of Social Work from Hunter College School of Social Work and considers himself to be a teacher and student for life. He is committed to supporting, educating, and empowering people to cultivate compassion, be an ally to all, and become change agents for mental health.

Breakout session 1 – Managing Stress During a Pandemic and Beyond
Relax and breathe! Take a walk! Cook a healthy meal! This is what we are often told by family, friends, colleagues and other folks who may have the best intentions, but are not the experts on what is best for us. We are the only expert on who we are, what we need, and how we can realistically improve our overall well-being. During this one-hour session, we will go on a journey to explore strategies and barriers to taking care of our mental, emotional, physical (and for some spiritual) health to reduce stress.

Breakout session 2 - Improv for Self-Care!
By nature being playful with improv is self-care. Improv helps us to be in the moment, challenges the need for us to be perfect or have to do things in “the right way”. It helps us to be more creative and tolerant of uncertainty. In a nutshell, Improv helps us to engage in self-care and heal through laughter. Come laugh with us for a fun and engaging activity-based session and experience self-care through improv!

SOCIAL MEDIA 101
Don't know what to post? Does social media even matter? We will cover these and all your social media questions in this breakout session. Learn what platform best fits your organization and how to set them up. We will also cover how to develop a consistent (and easy!) posting schedule to drive awareness about your organization, recruit volunteers and or drive up donations. Session will be imparted by Tyson Nansel, VP of External Affairs at United Food Bank and Wendy De La Peña, Manager of Communications and Outreach at the Arizona Food Bank Network.
KEYNOTE SPEAKER, FRANK KITCHEN
Frank teaches entrepreneurial leaders how to overcome the mental and physical barriers that prevent them from living the dreams they hunger for. Frank has been blessed to work in-person and virtually with professional associations, major corporations, schools, colleges, universities, nonprofits, and civic organizations around the world.

VOLUNTEER RECRUITMENT AND RETENTION DURING COVID 19 AND BEYOND: AGENCY PANEL DISCUSSION
We will be hearing from three outstanding food pantries across Arizona that are implementing creative and innovative strategies to enhance their volunteer turn out during COVID-19. Come get ideas and brainstorm with other food pantries on how you can succeed in volunteer recruitment and retention!

WHERE THERE IS SMOKE THERE IS FIRE | CONFLICT DE-ESCALATION: BY DR RANDY REESE
Dr. Randy Reese completed a Ph.D. in clinical psychology from Pacific Graduate School of Psychology, and was commissioned in the US Navy as a clinical psychologist. He completed a postdoctoral fellowship in neuropsychology at the University of Washington, and then led the neuropsychology team at the Intrepid Spirit Concussion Recovery Clinic at Camp Lejeune in Jacksonville, North Carolina. Following that, he was assigned to Navy Medicine Headquarters where he was the lead for developing policy and programs for traumatic brain injury for all of Navy Medicine, partnering with Army and Air Force to develop a unified program.

Dr. Reese is currently the director of the Midshipmen Development Center at the United States Naval Academy.

This workshop will review strategies and suggestions to de-escalate conflict and increase mutual understanding to find common ground and workable solutions.
Katie Martin, PhD, is the Executive Director of the Institute for Hunger Research & Solutions at Connecticut Food Bank-Foodshare. She is recognized as a thought leader on food security issues, and has over 25 years of experience developing and evaluating holistic solutions to hunger. She earned a Ph.D. in Nutrition Science & Policy from Tufts University, and has presented her work at dozens of regional and national conferences. The pandemic forced food banks to pivot toward “emergency” food distributions to meet the surge in demand for food. How can we now shift from a scarcity mentality and focus on pounds of food toward longer-term solutions?

In this session we will discuss lessons learned from COVID, changing our measures of success, and ways to create a paradigm shift in how we provide charitable food.

Notes:

Take a screenshot during a session and post it for us to see! Tag us at @azfoodbanks on any platform. We would love to “see” everyone!