

# Are you 18-24 years old, formerly in foster care, & participating in SNAP?

## Changes to the Supplemental Nutrition Assistance Program (SNAP) ABAWD Work Requirements in Arizona

Effective statewide, the following ABAWD work requirements exist for **Youth formerly in Foster Care**

*Former Foster Youth are individuals between the age of 18 to 24, who were in the custody of foster care on the day the individual turned 18 years of age, or a higher age, when the foster care program offers continued foster care after 18.*



Unsure if you qualify for an exemption? Need assistance finding employment?  
Visit: <https://des.az.gov/na>



OR call DES at 1-855-432-7587.

Other questions? Email [jessica.herbert@azfoodbanks.org](mailto:jessica.herbert@azfoodbanks.org).  
(Updated 12/4/2025)

- Work at least 20 hours per week (or an average of 80 hours per month). The hours can be met by any combination of any of the following:
  - self-employment, paid work, in-kind work, volunteer unpaid work.
- Participate in and comply with one of the following work programs at least 20 hours per week:
  - SNAP Career Advancement Network (SNAP CAN) program. *NOTE: The program may contain job search or job-search training as a subsidiary component when the component is less than half of the required 20 hours per week.*
  - Workforce Investment Opportunities Act (WIOA) Program or any component of WIOA.
  - Trade Adjustment Assistance (TAA) Act.
  - An employment and training program for veterans offered by the Department of Labor or the Department of Veterans Affairs.

### Verification documents include but are not limited to:

- **Residency:** photo ID, utility bills, lease agreements
- **Income:** pay stubs, benefit letters
- **Household composition:** birth certificate, school records
- **Health-related claims:** medical or disability documents
- Immigration papers, bank statements, child-support documentation, and additional items may be needed.