

Are you 55-64 & participating in SNAP?

Changes to the Supplemental Nutrition Assistance Program (SNAP) ABAWD Work Requirements in Arizona

Effective statewide, the following ABAWD work requirements are
new for

Adults 55-64 Years Old



- Work at least **20 hours per week (or an average of 80 hours per month)**. The hours can be met by any combination of any of the following:
 - self-employment, paid work, in-kind work, volunteer unpaid work.
- Participate in and comply with one of the following work programs **at least 20 hours per week**:
 - SNAP Career Advancement Network (SNAP CAN) program. *NOTE: The program may contain job search or job-search training as a subsidiary component when the component is less than half of the required 20 hours per week.*
 - Workforce Investment Opportunities Act (WIOA) Program or any component of WIOA.
 - Trade Adjustment Assistance (TAA) Act.
 - An employment and training program for veterans offered by the Department of Labor or the Department of Veterans Affairs.

Unsure if you qualify for an exemption? Need assistance finding employment?

Visit: <https://des.az.gov/na>



OR call DES at 1-855-432-7587.

Other questions? Email
jessica.herbert@azfoodbanks.org.
(Updated 12/4/2025)

Verification documents include *but are not limited to*:

- **Residency**: photo ID, utility bills, lease agreements
- **Income**: pay stubs, benefit letters
- **Household composition**: birth certificate, school records
- **Health-related claims**: medical or disability documents
- Immigration papers, bank statements, child-support documentation, and additional items may be needed.

Note: H.R. 1 (also known as OBBB) increased the age of those subject to the ABAWD (able bodied adult without dependants) time limit to age 64.